



INSTRUCTIONS



TITLE

INSPIRATIONAL ADVENTCALENDAR

FROM THE FEATURE

teatime

from lebenslustiger

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SISTERMAG

N°21

MATERIALS

- » 25 cards in A6 format or a book of white postcards
- » 25 matching envelopes or bags of an appropriate size
- » A pen to label the envelopes
- » Thin metal wire or an alternative means of suspension of your choice (e.g. ribbon)
- » Scissors
- » A metal hanger from the dry cleaner's
- » Pliers to bend the hanger (optional)
- » Christmas tree candle holder plus candle (optional)
- » Ornament (optional) - I made mine from wire
- » Sprigs like pine or fir, but eucalyptus, wax flowers or hop will also work well
- » A nail for the wall

HOW-TO

1. Download the card templates and print out the cards. Decorate the envelopes as desired – I like to keep it simple so I just wrote numbers on the respective envelopes with a golden touch-up pencil. I used fine, curly gold wire for suspension.
2. I wrapped each piece of wire three times around one envelope (with the envelop upright) and then left a longer bit of wire to protrude at the end which I entwined with the shorter one leaving the envelope secure in its wire frame but still easily removed.
3. Alternatively you could stick Washi tape to the envelopes. Now bend the metal hanger into a circle using your hands or pliers. Try rounding small pieces bit by bit - it'll be more effective than a large scale approach. The wire tends to be quite temperamental and bending it in one place can easily make it lose its shape completely at the opposite side of the circle.
4. For a particularly exact result, trace the shape of an upside down dinner plate as your pattern and continuously check your progress against that circle.
5. Personally, I don't think over-extreme accuracy is necessary. You can even leave the distinctly strong bends of the original hanger shape alone. You can always hide



FORTSETZUNG.

these under some sprigs later.

6. Bend the hook at a 90 degree angle to the circle and complete the arc. I covered my wire frame in gold spray paint because I only had a golden candle holder.
7. Now make a wreath from springs and wire (I used gold wire again) – a delicate or lush one will both work fine, let your taste be your guide! To do this simple take a small bunch of sprigs at a time and attach it to the hanger using wire.
8. Mount the wreath to the wall affixing the prepared envelopes at varying heights to the eye. I didn't cut my wire because I liked the casual look of the frizzy ends.
9. Now just clip in your tree candle holder and add a light.

TODAY HAS BEEN
CANCELLED.

GO BACK
TO BED

Say yes
to new
adventures

make
time for
yourself

Believe
in
yourself
a little
more.

You know all
THOSE THINGS

you've always
wanted to do?

You should go

DO THEM!

SOMETIMES
I PRETEND TO
BE NORMAL.

but it gets boring.

SO I GO BACK
TO BEING ME.

Always believe
that something
wonderful is
about to
happen

*i have
decided to
be happy,
because it is
good for my
health*

The best
therapist
has
fur and
four legs.

don't make
change too
complicated
just begin!

There are
people who
would

Love

to have your
bad days.

Don't be afraid
to be open
minded.

Your brain
is not going to
fall out.

Sometimes the
best solution is
sleep

Take a
second to
think about
how blessed
you are

*It's a
good day
to have a
good day*

Sorry,

I can't today.

My sister's friend's
mother's grandpa's
brother's grandson's
uncle's fish died.
And yes, it was tragic.

Do something
that makes
your heart sing
every single
day.

Life is better
when you're
laughing.

*What would
you ask for,
if you knew the
answer was
Yes?*

1. Make a list of things that make you happy.
2. Make a list of things you do every day.
3. Compare the lists.
4. Adjust accordingly.

Drunken people,
children, and
leggings
always tell the
truth.

Dream

BIG!

Today I
will do
absolutely
nothing!

don't
believe
everything
you
think

Sometimes,

you need to be alone.

Not to be lonely, but to
enjoy your free time being
you and yourself.