

BLACKCURRANT & CASSIS JELLY CUBES

Recipe: CAROLE POIROT





sisterMAG52

» Makes: 6 jellies

» You will need a silicone ice cube mould for large (4.5cm) ice cubes

INGREDIENTS

| 600 g | blackcurrants |
|-------|------------------|
| 50 ml | cassis |
| 150 g | caster sugar |
| | Juice of 1 lemon |
| 6 | gelatine leaves |

Put the gelatine leaves into cold water and leave to soak for 5 minutes.

Wash the blackcurrants and put into a saucepan with 250ml water, the sugar and lemon juice.

STEP 3 Cook for 2-3 minutes over a medium heat until the fruits are softened.

Put a clean muslin cloth into a sieve and place over a bowl or jug. Pour the fruits into the sieve and leave the juices to drip into the bowl/jug.

STEP 5 Use a wooden spoon to press some more liquid through if needed. Now take the gelatine out of the water and squeeze the remaining water out.

STEP 6 Add to the fruit juice and stir until dissolved. Add the cassis and then pour the liquid into the ice cube mould.

Leave to cool before refrigerating for at least 2 hours. Serve the jellies on their own or garnished with fruits and cream.