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N°37



BUTTERCREAM FLOWER CAKE

CONTRIBUTOR | CAKE PINO

INGREDIENTS

BUTTERCREAM

150 g egg white

50 g hot water

150 g sugar

450 g unsalted butter

2-3 drops vanilla extract

PREPARATION

PREPARATION FOR THE BUTTERCREAM

PREPARE ALL INGREDIENTS AT ROOM TEMPERATURE

1. Use the detached egg white to make a meringue in a pot.
2. Put the sugar in a pan and heat it up to 118 °C. A thermometer will help you reach the exact temperature.
3. Pour the boiled sugar into the middle of the meringue and mix it up. Let the mixture cool down to 28 °C with fan.
4. When the mixture has cooled, add the butter.
5. Add some drops of vanilla extract to it.
6. Mix everything on high speed for 5 minutes.
7. Remove the pot and mix it slowly with a dough scraper for 30 seconds.

SANDING & ICING

1. Take a cooled cake base and spread a little portion of the buttercream on top.
2. Place the second cake base on top and apply another portion of the buttercream.
3. Repeat this until you have only one cake base left. Turn the last cake base upside down before putting it on top.
4. Spread all of the remaining cream on the top and sides of the cake; apply until you get a smooth surface
5. Take another icing with a different colour and spread it all over the cake as well. Make sure to use a lot of icing on the sides. Clean up the surface for the decoration later.



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PREPARATION

PIPING AN ANEMONE

YOU'LL NEED A SQUARE PIECE OF PARCHMENT PAPER AS YOUR WORKING AREA. PUT A PIN THROUGH IT TO HELP YOU HOLD IT MORE EASILY.

1. Shape five petals with an icing bag on the parchment paper. Use petal tip #104.
2. For the second layer of petals, repeat the process again. Make sure you place the petals in between the petals from the first floor.
3. Afterwards, add a round and plump bead in the centre of the petals. Use petal tip #2.
4. Draw fine lines on the outside of the bead as well as thin radial lines right next to the bead on the petals. Use petal tip size #0.
5. To finish the flower, put a lot of small dots in two different colours at the end of the radial lines.